

# Information Evening



There are copies of the **Kit List** on the table at the back of the hall.

# Section Completion- Assessor Reports



1. Programme planners should be uploaded for any started sections.
2. Once they have completed the required time, an assessor's report must be written by the section assessor and **uploaded onto eDofE.**
3. This should be **one hour per week** for each activity

# Completing Assessor Reports Online

[eDofE | How to locate and complete an Assessor report](#)

The assessor will require your eDofE number.

The assessor report must contain:

- A **start and end date** spanning the length of the section.
- A description of the activity and progress made.
- The **frequency** of the activity.

The assessor can be any adult who is **not related** to the participant. You cannot use the same assessor for all 3 sections.

Assessor's report (submitted via the DofE website) <span>✕</span>	
Start date	20/03/2025
End date	20/09/2025
Progress made	[REDACTED] has volunteered with our group for the past year and has significantly improved since he first joined. He has boosted his confidence in leadership positions and has improved his communication skills.
Achievements	He has helped every week in the activities we have done and has improved his leadership skills while developing his confidence teaching people. He has been a great role model for the children and has done a fantastic job helping everyone, as well as showing great commitment to the group.
How frequently did they take part, and what was the duration of each session?	One hour every week for a year
Assessor Name	[REDACTED]
Job Title	Beaver group leader

# Completing Assessor Reports On Paper

If completing the paper form:

1. Please make sure the handwriting is readable and all the sections have been filled out (including the box at the top)
2. **Upload a photo** of the completed report and upload into the evidence section of **eDofE**.
3. Make sure the whole card is in focus and in the image.

**DE** ASSESSOR'S REPORT  
PHYSICAL

Participant: [blacked out]  
Local Board: [blacked out]

Description of activity: Fitness, gymnastics

Date started: 12/11/23 Completed: 5/3/24 (3 months)

Goals set by participant: To be able to do full runs on the track

Assessor's comments:

How frequently did they take part in this activity?  
2 Hours per week

Assessor's comments?  
[blacked out] always works hard and is a pleasure to coach

Signature: [blacked out] Date: 12/3/24

Assessor's first name: VICKI Last name: [blacked out]

Assessor's position/qualification: Coach level 5

Assessor's phone number: [blacked out]

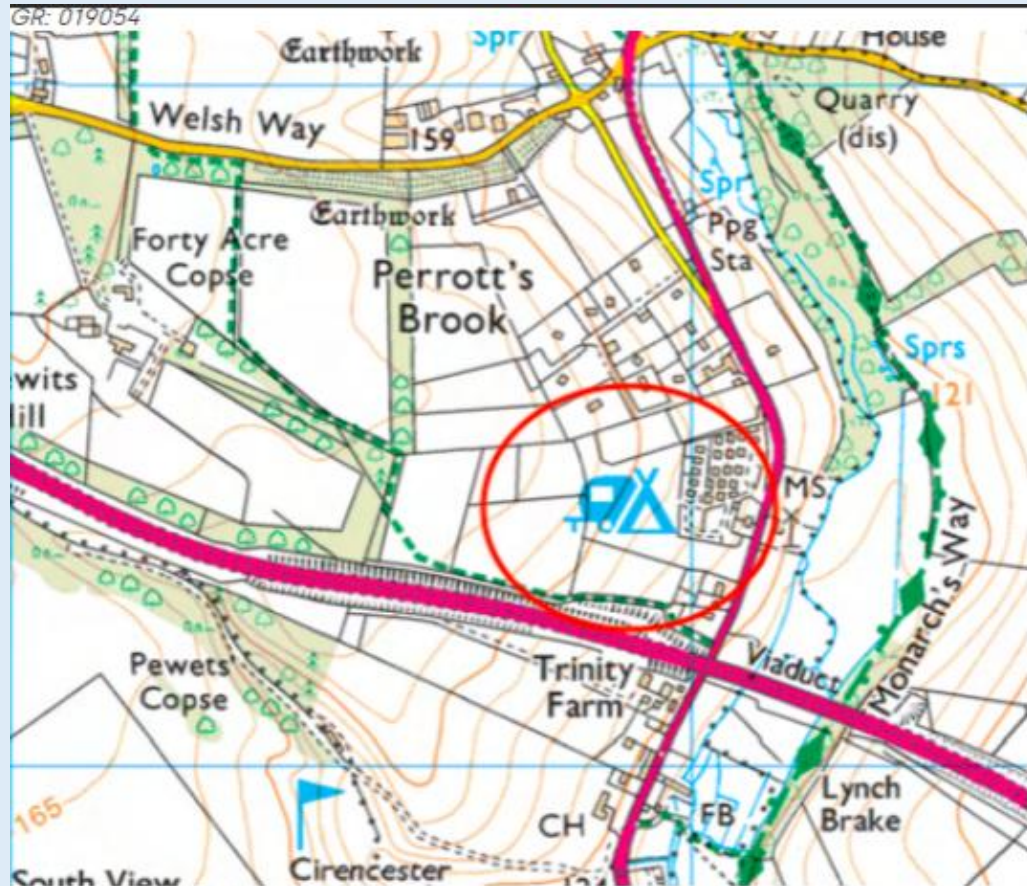
Assessor's email: [blacked out]

# Practise Expedition: 26<sup>th</sup> - 28<sup>th</sup> June

Location: Gloucestershire

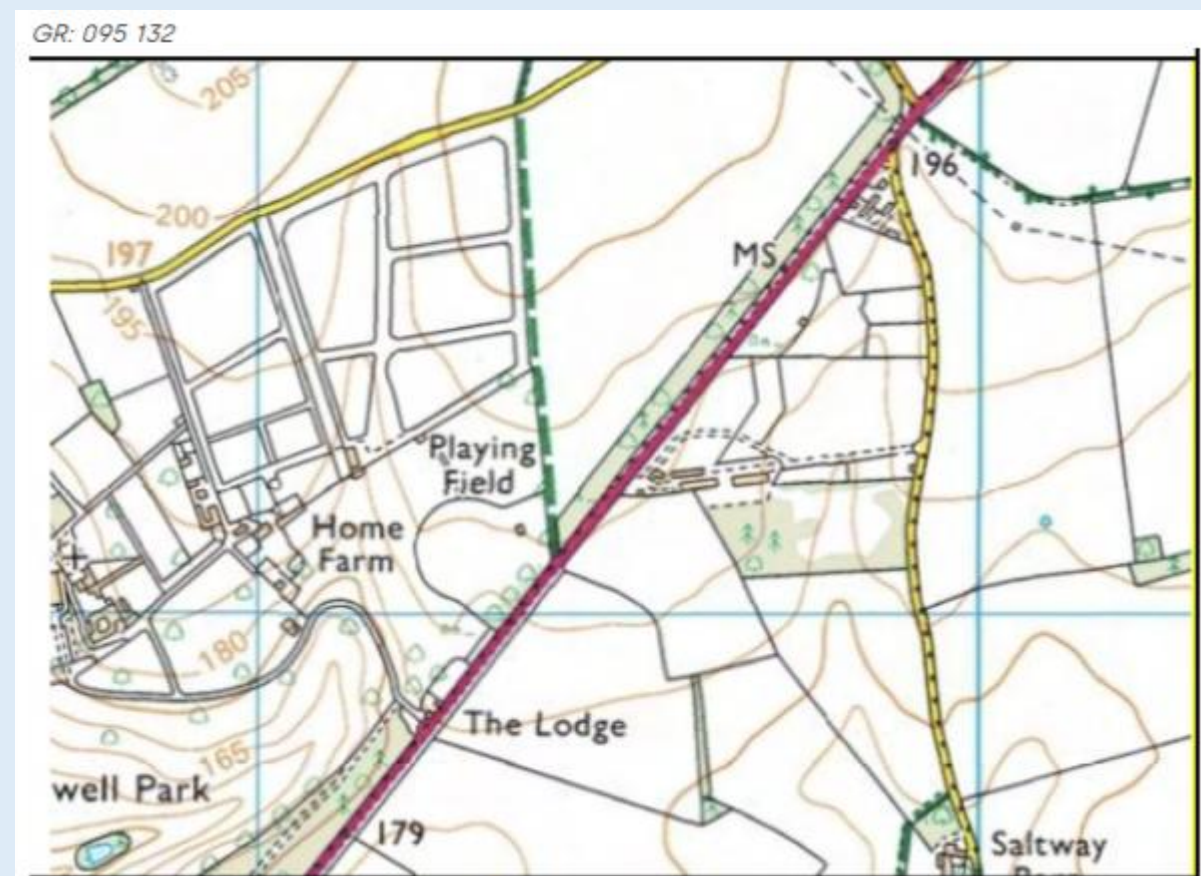
## Campsite 1 – Friday Night

Mayfield Park, Cheltenham Road  
GL7 7BH



## Campsite 2 – Saturday Night

Far Peak Camping, Northleach  
GL54 3JL



# Practise Itinerary

## Friday

- **7:45 – Pupils arrive at school, meet outside the sports hall. Bag check completed.**
- 8:15 – Students board coach and coach departs
- 10:00 – Coach arrives at start location
- 10:10 -Students receive briefing from BXM lead instructor. Then meet group leaders
- 10:30 – 16:30 – Training and walk with BXM expeditions.
- 16:30 – 17:30 – Groups arrive at Campsite and set up tents
- 17:30 – 19:00 – Students are taught/reminded how to use camping stoves, prepare and eat dinner
- 19:00 – 20:00 – Route planning for the rest of the trip
- 20:00 -21:00 – Free Time
- 21:00 – 21:30 – Prepare for sleep, brush teeth etc
- 22:00 – In tents

# Practise Itinerary

## **Saturday**

- 06:30 – Wake Up
- 6:30 – 08:30 – Breakfast, pack tents & backpacks
- 09:00 – 17:00 – Training, planning and walk with BXM expeditions
- 17:00 – Arrive at camp
- 17:30 – 19:00 – Pitch tent, prepare and eat dinner
- 19:00 – 20:00 – Route planning for qualifying expedition
- 20:00 -21:00 – Free Time
- 21:00 – 21:30 – Prepare for sleep, brush teeth etc
- 22:00 – In tents

# Practise Itinerary

## **Sunday**

- 06:30 – Wake Up
- 6:30 – 08:30 – Breakfast, pack tents & backpacks
- 8:30 – 2:30 – Teams walking, remotely supervised
- 2:30- Arrive at collection point (West Woods, SN8 4DY)
- 2:30-3:00 - Debrief, and sort equipment to be returned
- 4:00 – Coach Departs
- **5:30 – Coach arrives at school, students collected by parents**

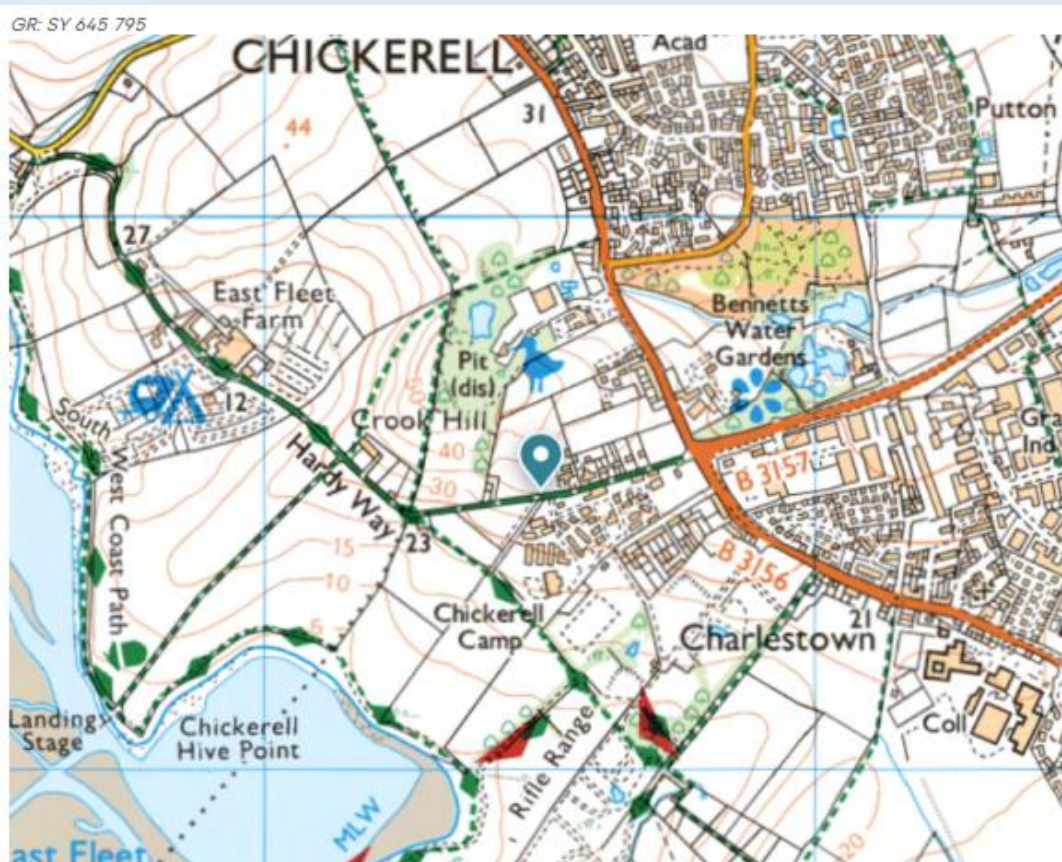
Please do not park in the coach bays, the school car park will be open

# Qualifying Expedition: 10<sup>th</sup> -12<sup>th</sup> July

Location: Dorset

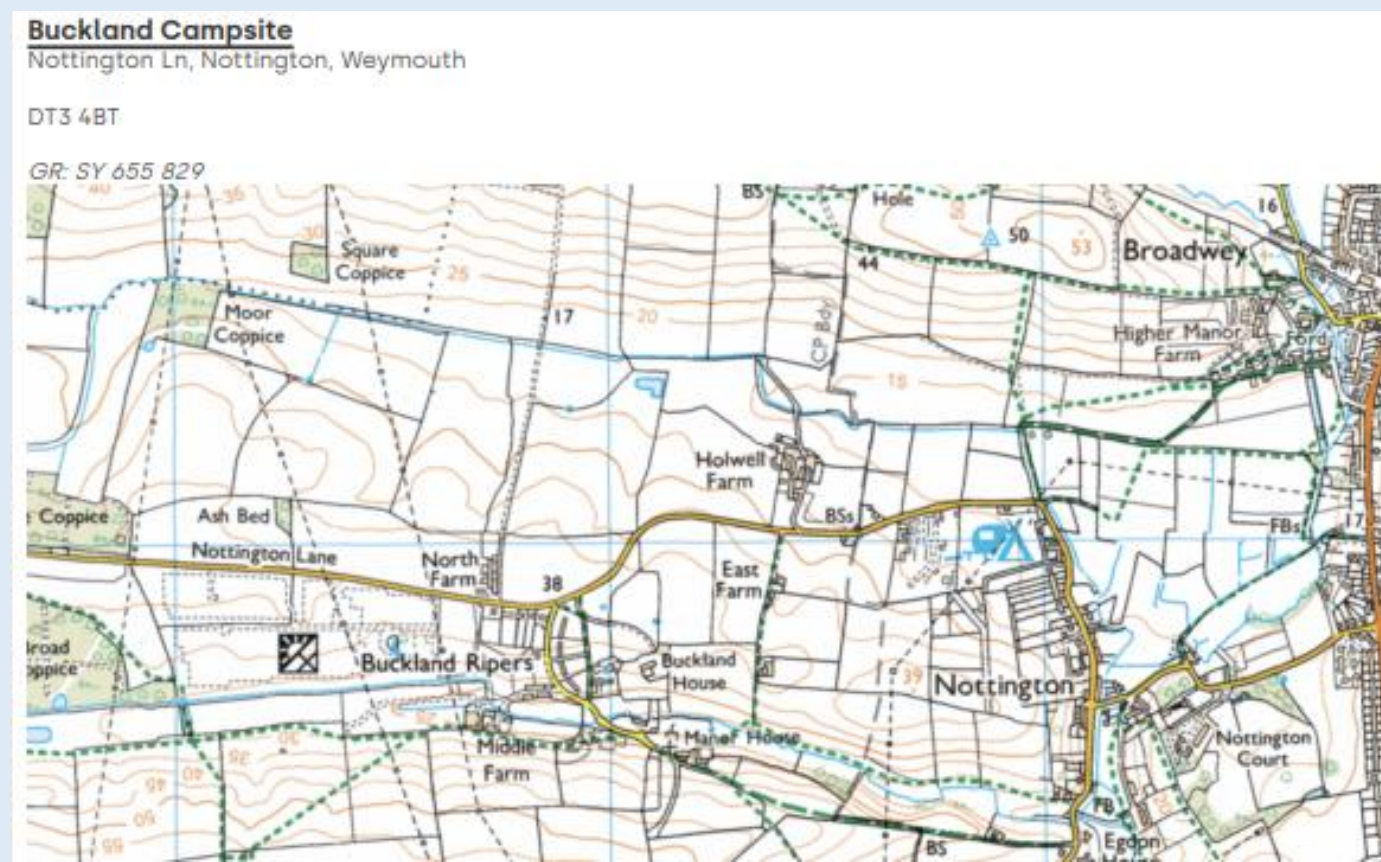
## Campsite 1 – Friday Night

Seaview Farm Camping, Fleet Lane  
DT3 4DF



## Campsite 2 – Saturday Night

Buckland Campsite, Nottingham Ln,  
DT3 4BT



# Qualifying Itinerary

## Friday

- **8:00 – Students arrive at school, meet outside sports hall. Bag check completed.**
- 8:30 – Students board coach and coach departs
- 10:00 – Coach arrives at start location
- 10:10 -Students receive briefing from BXM lead instructor. Then meet group leaders
- 10:30 – 16:30 – Walk with BXM expeditions (Remotely supervised)
- 16:30 – 17:30 – Groups arrive at Campsite and set up tents
- 17:30 – 19:30 – Preparation and eating of dinner
- 19:30 – 20:00 – Route check for the following day
- 20:00 -21:00 – Free time
- 21:00 – 21:30 – Prepare for sleep, brush teeth etc
- 22:00 – In tents

# Qualifying Itinerary

## **Saturday**

- 06:30 – Wake Up
- 6:30 – 08:30 – Breakfast, pack tents & backpacks
- 09:00 – 17:00 – Walk with BXM expeditions (Remotely supervised)
- 17:00 – Arrive at camp
- 17:30 – 19:30 – Pitch tent, prepare and eat dinner.
- 19:30 – 20:00 – Route check for the following day
- 20:00 -21:00 – Free time
- 21:00 – 21:30 – Prepare for sleep, brush teeth etc
- 22:00 – In tents

# Qualifying Itinerary

## **Sunday**

- 06:30 – Wake Up
- 6:30 – 08:30 – Breakfast, pack tents & backpacks
- 8:30 – 2:30 – Teams walking, remotely supervised
- 2:30- Arrive at collection point
- 2:30-3:30- Debrief, and sort equipment to be returned. Present
- 4:00- Coach departs
- **5:30 – Coach arrives at school, students collected by parents**

# Expedition Aim

Each team should have a group aim for their expedition.

At the end of the qualifying expedition, they will need to deliver a **short** presentation to their assessor when they arrive at the end point.

This will normally be verbal and may include some pictures they have taken ect.

## Aim Ideas

### On foot

- Studying how insect life differs from woodland to open fields.
- Exploring teamwork by nominating a different leader each day.
- Searching for forms of fungi, recording and sketching them.
- Planning a route and create a signpost selfie guide.
- Considering the impact of tourism on the flora and fauna of the area you are in.
- Drawing all the different star constellations you can see.
- Creating a photo guide to the Countryside Code.
- Creating an expedition music play list that reflects the team's experiences.
- Following a disused railway track noting the current use of previous railway buildings.
- Planning and doing a challenging route in the Peak District, making a video diary.
- Preparing a users' guide of a country park or National Trust estate, explaining how it can be used, e.g. fishing, picnicking, conservation.

[programme ideas - expedition.pdf](#)

Please see more ideas via the link above

# Kit

## CLOTHING

Item Needed
1 pair of walking boots (broken in)
2 pairs of walking socks
2 pairs of sock liners (optional)
Jacket/coat (waterproof and windproof)
Waterproof overtrousers
2 fleece tops or similar
2-3 t-shirts (thermal optional)
2 walking trousers (warm, NOT jeans)
1 pair of shorts (if appropriate)
Underwear
Nightwear
Flip flops/sandals (optional for camp site use)
Warm hat and/or sunhat (as appropriate)

## Recommendations

- 1. Walking boots with ankle support are essential for silver**
2. Two layers of socks will prevent blistering
3. A proper **waterproof coat is essential** – pack a macks are not recommended.
4. Sun hat with a brim- rain defence.
5. Full length trousers/leggings or long socks-ticks.
6. One extra set of clothes should be enough.  
**Pack light!**

# Kit

## PERSONAL KIT

Item Needed	
Rucksack	Mug Wash kit/personal hygiene items (some items could be shared as a group)
Rucksack liner (or 2 strong plastic bags)	
Sleeping bag	
Sleeping mat	
Waterproof bag	
Whistle	
Torch (handheld/head torch and spare batteries)	
Personal first aid kit	
Food (including emergency rations)	
Water bottle	
Cutlery**	
Plate/bowl	

## Recommendations

1. Ensure the items in your backpack will remain dry!
2. A double layered sturdy bin bag will suffice as a rucksack liner.
3. Students must be able to carry 2l of water.
4. A phone cannot be used as a torch.
5. Group leaders (BXM staff) will carry first aid kits. Students are encouraged to have a supply of plasters, blister plasters antiseptic wipes to address minor injuries.

# Kit

## GROUP KIT (To carry between the team)

Cooking pans

Scourers

Tin opener (if required)

Tea towels

Plastic bags (for rubbish etc.)

Toilet paper

Compass

Tick remover (location dependent - ask your Supervisor)

## Recommendations

1. Teams will be provided with camping stoves and fuel, but they will need to bring a pan to cook their meal in.
2. Two compasses per team is enough.

# Food

Participants should aim to consume **at least 3000 calories a day!**

**Teams** need to prepare a **hot evening meal** once they reach the campsite.

They can cook as a group eg pasta

Or heat themselves a meal eg wayfayrer meals

**Each individual needs to bring:**

- Lunch for 3 days
- Breakfast for Saturday and Sunday
- **Lots of snacks**

Consider items that are hard to squash eg wraps rather than bread, and items that are space efficient eg potless noodles

Please ensure the participant has tried the meal(s) they are taking ahead of the expedition.



# Medicines and Additional Needs

- Students with **inhalers and/or EpiPens** must carry these in an accessible part of your backpack. These will be checked on arrival.
- All other medicines should be in a sealed bag, named and handed to Miss Morgan when they arrive at camp.
- Please do not bring medicines such as paracetamol, we will give these out when needed.
- If there have been any changes to medical information since you have signed up, please inform Miss Morgan ASAP

# Not to bring

- Your own tent
- Glass jars
- Raw meat
- Any form of sharp knife – eg pen knife or chef knife.
- Nuts- participants with allergies.
- Trackers



# Mobile Phones

- Each team may bring 3 mobiles phones (preferably on different networks)
- Contact the group leader or Miss Morgan if team are lost or require help
- Using phones for things such as playing music, games, social media, or navigating with google maps is against DofE rules and may result in teams not passing their expedition
- Once groups arrive at camp, phones will be collected and locked away (unless needed for medical reasons)
- **Kings' School will not take responsibility for loss or damage to property.**

# Behaviour

- Students are representing the school, behaviour must be impeccable
- Follow all instruction given by Kings' and BXM staff
- Be polite and respectful to members of the public you may encounter
- Observe the countryside code at all times e.g no litter
- Students can socialise with other groups at the campsite but at no point should enter someone else's tent

**If behaviour falls short of expectations parents will be called to collect student. You will not be issued a refund**

**As per the DofE rules, poor behaviour from an individual can impact the rest of the team also**

# Before the Practise Expedition

Each group needs to:

- Decide on their group aim – will you need any equipment for it?
- Decide on a meal plan for shared meals
- Decide who is going to bring each item from the shared kit list

Miss Morgan will check in with teams after half term to confirm suitable plans are in place